

### **Guidelines for Sick Children**

#### YOUR CHILD MUST REMAIN HOME IF HE/SHE HAS ANY OF THE FOLLOWING SYMPTOMS:

- **Fever of 100 degrees F**: Keep your child at home until his/her fever has been gone for 24 hours without fever reducing medication.
- **Vomiting and diarrhea:** Children must be without vomiting and diarrhea for 24 hours before they return to school. This includes two or more episodes of either in the previous 24 hours.
- New loss of taste or smell: Testing to rule out Covid-19 infection is recommended.
- Frequent coughing (new or unexplained) accompanied by other symptoms of respiratory illness (fever, runny nose, congestion, sore throat): Testing to rule out Covid-19 infection is recommended.

## MEDICAL CARE IS RECOMMENDED FOR ANY OF THE FOLLOWING SYMPTOMS OF INFECTION OR ILLNESS:

- Any wounds with increasing redness, pain, swelling, warm to the touch, red streaks into surrounding tissue, yellow/green drainage, or slow healing.
- Sudden onset of severe sore throat possibly accompanied by a fever
- Toothache accompanied by fever or facial swelling.
- Any rash that is accompanied by a fever, covers multiple body areas, spreads quickly, or is preceded by other symptoms of illness.
- Symptoms of an eye infection including redness of the whites of the eyes accompanied by white or yellow mucus.
- Uncontrolled coughing, breathing difficulty, wheezing
- Stiff neck accompanied by a fever
- Suspected symptoms of Covid-19 (may include one or more of the following: fever or chills, new or unexplained cough, shortness of breath or difficulty breathing, fatigue, muscle/body aches, headache, new loss of taste or smell, sore throat, congestion or new or unexplained runny nose, nausea or vomiting, diarrhea).

# IF YOUR CHILD TESTS POSITIVE FOR COVID-19 OR IF YOUR CHILD IS A CLOSE CONTACT TO SOMEONE WHO HAS TESTED POSITIVE FOR COVID-19:

- Please follow instructions found on Riverstone Health website: https://covid.riverstonehealth.org
- We respectfully request that you follow CDC, Riverstone Health, and your Health Care Provider instructions regarding return to school and activities.

#### FOR ANY NON-COVID ILLNESS DIAGNOSED BY YOUR HEALTHCARE PROVIDER:

- Your child may return when well enough to do so with a release note from the healthcare provider.
- Please refer to the following School Policy: 3417 for Communicable Diseases (referenced to Montana State Law 37.114.203 ARM)

\*IF YOUR CHILD DEVELOPS ANY OF THE SYMPTOMS OF INFECTION OR ILLNESS LISTED ABOVE DURING THE SCHOOL DAY, YOU WILL BE CONTACTED IMMEDIATELY TO PICK UP YOUR CHILD.