West High School Activities Information 2020

Doug Van Zee (281-5616) **Activities Coordinator** vanzeed@billingsschools.org welche@billingsschools.org Liz Welch (281-5617) Activities Secretary **Head Athletic Trainers** Kacie Kolar ksanderson3@billingsclinic.org Cheerleading Tayler Johnson johnsont@billingsschools.org Golf Marcus Drange drangem@billingsschools.org Cross Country Lauren Zent zentl@billingsschools.org Football **Rob Stanton** stantonr@billingsschools.org Volleyball Monica Grimsrud grimsrudm@billingsschools.org **Boys Soccer** Luke Ashmore ashmorel@billingsschools.org Girls Soccer Rob Zimmerman zimmermanr@billingsschools.org nurrem@billingsschools.org Speech Mvra Nurre Debate Dannicah Petak petakd@billingsschools.org **Bovs Basketball** Kelly Darragh darraghk@billingsschools.org Girls Basketball Charlie Johnson johnsonca@billingsschools.org Wrestling Jeremy Hernandez hernandezj@billingsschools.org Softball **Preston Sanders** sandersj@tctwest.net stantonr@billingsschools.org Track & Field **Rob Stanton Bovs Tennis Amber Sparks** amber.sparks@bresnan.net Girls Tennis **Daniel Charlton** charltond@billingsschools.org

Sport	Paperwork DUE	1 st Practice	Fees Due
Golf	8/11 (parent meeting)	8/13	8/17
Football	8/12 (parent meeting)	8/14	9/4
Cross Country	8/12 (parent meeting)	TBD	8/23
Boys Soccer	8/12 (parent meeting)	8/14	8/23
Girls Soccer	8/12 (parent meeting)	8/14	8/23
Volleyball	8/12 (parent meeting)	8/14	8/23
Cheerleading	8/11 (parent meeting)	8/14	8/23
Dance	8/11 (parent meeting)	8/14	8/23
Speech/Debate	10/1	10/1	10/1

To be eligible to tryout or practice for any sport, <u>all forms</u> must be turned into the activity office by the dates above. Payment can be made through PaySchools at http://www.billingswesthigh.com/ or by cash or check in the activities office. All students participating in any extracurricular activity must purchase an activity ticket for \$30. This is a once a year fee and the activity card admits students to all Billings Public Schools sports activities excluding post-season play.

Participation Fee \$50.00 (Same amount for each sport)

Activity Card \$ 30.00 (Required for all activities participants)

Sport Specific fees \$ TBD (Will vary by sport and/or grade level)

As soon as fees are paid and forms are turned in, the activities office will issue a copy of the receipt to be presented to the coach for equipment/uniform checkout. *No one will be allowed to practice without this slip. Forms needed on file are:*

- 1. Current, annual physical signed by parent and healthcare professional. Physicals for the 2020-2021 school year must have been done *after* May 1st, 2020. (Annually renewed each year)
- 2. Concussion statement initialed and signed by athlete and parent. (Annually renewed each year in H.S.)

Academic Requirement to participate: Students must pass 4 core classes the semester prior to each competitive season.

The activities office (Rm. 108) will be open from 7:30am to 4:00pm M-F beginning August 5th