## BILLINGS PUBLIC SCHOOLS FAMILY CONSUMER SCIENCE CHILD DEVELOPMENT

## Adopted April 11, 2005

#### MISSION STATEMENT

The mission of Family and Consumer Sciences Education is to prepare students for family life, the world of work, and careers in Family and Consumer Sciences by providing opportunities to develop the knowledge, skills, attitudes, and behaviors needed for:

- Strengthening the well being of individuals and families across the life span.
- Becoming responsible citizens and leaders in family, community, and work settings.
- Promoting optimal nutrition and wellness across the life span.
- Managing resources to meet the material needs of individuals and families.
- Balancing personal, home, family and work lives.
- Using critical and creative thinking skills to address problems in diverse family, community, and work environments.
- Functioning as providers and consumers of goods and services
- Appreciating human worth and accepting responsibility for one's actions and success in family and work life.

#### **BELIEFS**

- 1. We believe in an environment that fosters mutual respect and dignity.
- 2. We believe that students and faculty should maintain pride in their work to improve their performance.
- 3. We believe that academic skills lay the foundation for critical thinking, problem solving, mathematical and communication skills.
- 4. We believe in the integration of academic and career areas.
- 5. We believe in the importance of current technology and its impact on the future.
- 6. We believe that students who are encouraged to set goals will gain confidence in their potential and ability to contribute to society.
- 7. We believe mutual support between school and community is an integral part of a students learning experience.

#### **LEARNING DOMAINS**

- I. The learner will understand the importance of parenting.
- II. The learner will acquire decision-making skills needed to determine the readiness for parenting.
- III. The learner will apply explore pregnancy, prenatal care and the birth process.
- IV. The learner will learn to understand the responsibilities in caring for an infant.
- V. The learner will analyze the significant responsibilities involved in nurturing children from the ages of one to three.
- VI. The learner will evaluate the many methods of guiding children.
- VII. The learner will examine issues related to the health and wellness of children.
- VIII. The learner will develop an understanding of family responsibilities.

### BILLINGS PUBLIC SCHOOLS CHILD DEVELOPMENT

#### **Learner Objectives**

#### I. The learner will understand the importance of parenting.

- 1. Student will defend the need to study parenting in today's world whether you plan to parent or not. (I)
- 2. Student will relate parenting education and skills to the impact on the sociological development of a society. (I)
- 3. Student will discuss the rewards and responsibilities of parenting. (I)
- 4. Student will explain the importance of teamwork in parenting. (I)
- 5. Student will develop parenting skills to include discipline, communication, physical care, etc. (E)
- 6. Student will identify and compare three different parenting styles and the forming of parenting philosophies. (E)
- 7. Student will explain the rights and responsibilities of parenting. (I)

# II. The learner will acquire decision-making skills needed to determine the readiness for parenting.

- 8. Student will use the decision-making process to assess the value of planning a family. (I)
- 9. Student will relate Maslow's Hierarchy of Human Needs to parenting. (I)
- 10. Student will summarize the alternatives for people who want to delay pregnancy. (E)
- 11. Student will explain the process of human reproduction and genetics. (E)
- 12. Student will identify and research the cause and prevention of various birth defects. (I)

#### III. The learner will apply explore pregnancy, prenatal care and the birth process.

- 13. Student will identify the early signs of pregnancy. (E)
- 14. Student will explain how to choose a health care provider and what to expect at visits. (I)
- 15. Student will identify and describe the three trimesters of pregnancy. (I)
- 16. Student will identify the importance of good nutrition, activity, appropriate weight gain, and stress reduction during pregnancy. (E)
- 17. Student will summarize the three stages of childbirth and strategies to ease labor and delivery. (E)
- 18. Student will identify symptoms of post partum depression, as well as after care following birth. (I)

#### IV. The learner will learn to understand the responsibilities in caring for an infant.

- 19. Student will assess infant development as compared to medically researched standards. (I)
- 20. Student will describe physical growth and development during infancy. (E)
- 21. Student will explain cognitive development as applied to infants, including Piaget's theory. (E)
- 22. Student will describe ways to encouraging language, social, and emotional development in infants. (I)
- 23. Student will complete a parenting practicum using a "Real Care" simulator as a tool. (E)

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#### **Learner Objectives**

- V. The learner will analyze the significant responsibilities involved in nurturing children from the ages of one to three.
  - 24. Student will analyze parenting skills that promote cognitive language development. (E)
  - 25. Student will evaluate methods of meeting physical and emotional needs and promoting health and safety. (I)
  - 26. Student will assess the importance of helping children relate to others and the value of play. (I)
  - 27. Student will analyze children with special needs. (I)
  - 28. Student will evaluate methods of toilet training. (I)
- VI. The learner will evaluate the many methods of guiding children.
  - 29. Student will analyze methods of character development. (E)
  - 30. Student will gain an understanding of methods of promoting positive behavior. (I)
  - 31. Student will examine research related to effective behavior management. (I)
- VII. The learner will examine issues related to the health and wellness of children.
  - 32. Student will identify signs and symptoms of childhood illnesses. (E)
  - 33. Student will describe common childhood immunizations. (I)
  - 34. Student will identify common first aid practices for burns, convulsions, bleeding, bee stings, insect bites, and poisons, etc. (E)
  - 35. Student will discuss car seats and appropriate car safety and current seat belt laws. (E)
  - 36. Student will attain infant and child C.P.R. Certification. (E)
  - 37. Student will identify resources for crisis intervention for the child form birth to three. (I)
- VIII. The learner will develop an understanding of family responsibilities.
  - 38. Student will analyze methods of strengthening families. (I)
  - 39. Student will develop strategies for managing family life. (E)
  - 40. Student will assess solutions to family problems. (I)
  - 41. Student will compare and contrast different childcare arrangements. (E)
  - 42. Student will evaluate methods of maintaining the strength of marriage relationships once children enter the family. (I)