

Family and Consumer Sciences

Be prepared for the future by taking advantage of the many semester courses offered through the Family and Consumer Sciences department. Opportunities to learn lifetime skills are provided in a creative working atmosphere that will help one survive in the spectrum of an ever-changing society. Classes include marriage and family life, preparation of appetizing and nutritious meals, traditional and current crafts, interior decorating and textiles.

Culinary Essentials – Senior & Skyview	Credit 1/2	9, 10
Culinary Essentials – West	Credit 1/2	9

Course Name	Semester 1 or 2	Grade Level
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Course Description: You are what you eat! Students will gain confidence in their culinary ability and understanding. This course will combine basic food preparation skills with nutrition and food safety. Team work and time management become essential skills. Lab experiences include waffles, hot biscuits, muffins, dutch babies, tacos, spaghetti, macaroni and cheese, salads, smoothies and a variety of other labs.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: None

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Culinary Arts 1	Credit 1/2	10, 11, 12
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Course Name	Semester 1 or 2	Grade Level
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Course Description: This course begins with a brief overview of Culinary Essentials. Specific units that are covered in this class range from preparing foods on the barbeque to planning complete meals. Students learn to read and follow different formats of recipes and adjust recipes by either increasing or decreasing the amount of ingredients used. Fruits and vegetables, casseroles, beef, yeast breads, and pies are just a few of the units included in the labs experienced by students.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: Culinary Essentials

Applies Toward Graduation Requirements of: 1 Practical Arts credit

**FAMILY & CONSUMER
SCIENCES**

Culinary Arts 2 **Credit 1/2** **11, 12**

Course Name **Semester 1 or 2** **Grade Level**

Course Description: This advanced course has a flavorful culinary flair. The students have an opportunity to tour the U.S. and foreign countries through preparation of regional and foreign foods. This course includes a review of culinary principles, advanced recipe preparation, menu planning, food budgeting, nutrition, food entrepreneurship, as well as the roles and responsibilities involved in entertaining. Students will cook pastas, poultry, yeast breads, desserts and work with a variety of meats. Cake baking and decorating is a course component. Entrepreneur projects are included and focus is placed on a career in culinary arts.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: Culinary Arts 1 or Single Survival

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Textiles & Apparel 1- West & Skyview **Credit 1/2** **9, 10, 11, 12**

Course Name **Semester 1 or 2** **Grade Level**

Course Description: This course introduces students to basic sewing and pressing equipment, textiles, introductory level projects and construction techniques. This course will provide students with decision making skill, enable students to evaluate clothing purchases and may explore entrepreneur opportunities. A variety of projects will be completed. FCCLA may be an integral part of this class.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: None

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Textiles & Apparel 2- West **Credit 1/2** **9, 10, 11, 12**
Textiles & Apparel 2- Skyview **Credit 1/2** **10, 11, 12**

Course Name **Semester 1 or 2** **Grade Level**

Course Description: This course will review briefly the skills from Textiles and Apparel 1. In addition, students will work with a variety of fabrics. They will become familiar with techniques to customize their garments. Special effects such as appliqué, embroidery (hand and machine) will be explored. Projects and techniques will be at an intermediate level. This course will provide students with the opportunity to use a serger and an embroidery machine. The students may explore entrepreneur opportunities. A variety of projects will be completed. FCCLA may be an integral part of this class.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: Textile and Apparel 1

Applies Toward Graduation Requirements of: 1 Practical Arts credit

**FAMILY & CONSUMER
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Textiles & Apparel 3 - West Only	Credit 1/2	10, 11, 12
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Course Name	Semester 1 & 2	Grade Level
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Course Description: This course will review briefly the skills from Textiles and Apparel 2. Projects will be at an intermediate to advanced level. Skills that will be acquired are: working with fur and other napped fabric, matching plaids and patterns, embellishing with beads and working with trims and ruffles. Students are required to complete a small quilting project. They will learn to bind and stipple their quilt. Students will also do fitting alterations and re-design projects. They will research possible career interest in the fields of clothing and textiles.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: Textile and Apparel 1 and 2

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Textiles & Apparel 4 - West Only	Credit 1/2	10, 11, 12
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Course Name	Semester 1 & 2	Grade Level
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Course Description: This course will review briefly the skills from Textiles and Apparel 1, 2 and 3. Projects will be at an advanced level. Skills that will be acquired are: working with specialty fabrics, such as silk, lace and leather; sketching and redesigning existing patterns to complete a new design exploring draping as a design technique; and exploring entrepreneurship in the clothing/textiles industry. Students are required to complete a cultural project of a textile item that would be made in another culture. They will be comparing colleges and art schools and are encouraged to complete an application to the institution of their choice. Students will also be working on fiber arts projects including, but not limited to: tie-dye, tea staining, batik and fabric painting. They are also required to complete specialty hand embroidery stitches including, but not limited to: the lazy daisy, joining stitches, blanket stitch and the ladder stitch.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: Textile and Apparel 1, 2, and 3

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Family Life -Senior & West	Credit 1/2	10, 11, 12
Family Life - Skyview Semester 1 only	Credit 1/2	11, 12

Course Name	Semester 1 or 2	Grade Level
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Course Description: Do you ever wonder who you really are and how you will make all the decisions necessary to get the life you dream of? Family Life is the course for you. This course will give you insight into relevant topics such as goal setting, relationships, marriage, teen pregnancy, and financial planning. Other topics such as divorce and how to handle various crises will also be explored. Discussion will be a major learning tool, as well as videos, internet searches, the textbook, and guest speakers.

Prerequisite Courses: None

Applies Toward Graduation Requirements of: 1 Practical Arts credit

**FAMILY & CONSUMER
SCIENCES**

Consumer Housing - Skyview Semester 2 Only	Credit 1/2	11, 12
Consumer Housing - West High	Credit 1/2	9, 10, 11, 12

Course Name	Semester 1 or 2	Grade Level
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Course Description: Consumer Housing provides a practical introduction to space planning, room design and presentation. This class teaches students how to apply the elements and principles of design to personal interior design problems. Critical thinking and problem solving are integral part of the projects completed in this course. Students will complete a notebook/portfolio of designated projects. Projects may include, but are not limited to, design elements and principles notebooks, color boards, room floor plans and design and closet storage.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: None

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Made In Montana - Skyview Only	Credit 1/2	9, 10, 11, 12
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Course Name	Semester 1	Grade Level
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Course Description: Develop your creative talents into a home-based business. Each student will learn the proper technique, equipment, terminology, versatility, and selection of quality materials for each craft skill. This will allow students to develop skills and experience aspects of developing a home-based business. Activities include: organizing a small business, producing products and/or providing services, and managing a small business. Student leadership (FCCLA) may be an integral part of this course by using the Start Event “Entrepreneurship” project.

Fees Charged – Lab fee will be assigned by school

Projects for Made in Montana may vary due to time and resources.

Prerequisite Courses: None

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Single Survival

Credit 1/2

11, 12

Course Name

Semester 1 or 2

Grade Level

Course Description: Single Survival is designed for the students who will soon be out on their own. This course emphasizes basic cooking skills, menu planning, nutrition, and practical and economical meals. The students will prepare a variety of quick breakfasts, lunches, and dinners as well as snacks and desserts. Students will become aware of money management skills necessary for starting out on their own. In addition, a clothing unit emphasizing mending, laundry, and simple sewing techniques will be taught.

Fees Charged – Lab fee will be assigned by school

Prerequisite Courses: No past high school foods experience.

Applies Toward Graduation Requirements of: 1 Practical Arts credit

Child Development - Skyview Only

Credit 1/2

11, 12

Course Name

Semester 2

Grade Level

Course Description: Do you want to be prepared for one of the most important jobs you will ever undertake? Child Development is a course designed to prepare you not only for parenting but also for employment skills in any field that relates to working with children. The academic emphasis is on the readiness for parenting; exploration of pregnancy; and caring for, nurturing and guiding the child from birth to age three. You will also evaluate childcare facilities and plan a day care for the child from birth to three. In this course you will be exploring the world of children through videos, guest speakers, field trips and the “Real Care Simulator: (Baby Think It Over) and hands-on activities with children. Gives you a background for Early Childhood at the Career Center.

Prerequisite Courses: None

Applies toward graduation requirements of: 1 Practical Arts credit